

# DU Learning Guide

## Claim your benefits

### Introduction

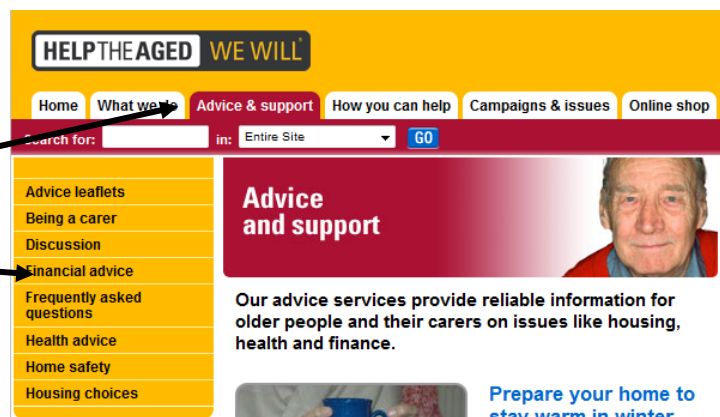
The **Help the Aged** website has a great deal of information about a wide range of matters that are important to older people.

This Guide takes you through the pages that relate to the financial help that people are entitled to when they reach 60 and how to claim it.

### Home Page

[www.helptheaged.org.uk](http://www.helptheaged.org.uk)

- Click on the **Advice & Support** tab.
- Then click on **Financial Advice**.
- This will display a sub-menu like this.



- Click on **Help claiming benefits**.
- This will show you links to the wide range of benefits that older people may be entitled to claim.

- Each link will give explain the benefit and tell you how you can claim it if you are entitled.



- If you have problems with the online information, there is a number that you can call for advice.

#### Free advice

[SeniorLine](http://SeniorLine.org.uk)  
0808 800 6565  
(Textphone-Minicom  
0800 26 96 26)  
[Seniorline in Northern  
Ireland](http://Seniorline.org.uk)  
0808 808 7575